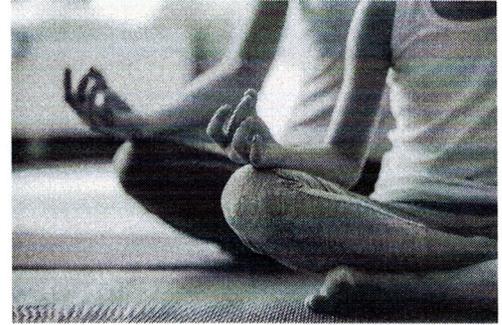


New Instructor Led Classes Added

Towpath Trail YMCA

Monday 9:00am AquaMotion taught by Heather
Wednesday 12:00pm Chair Yoga taught by Beth
Friday 10:00am Aqua Jogging taught by Alaina



Massillon Family YMCA

Tuesday 5:45pm Bags & Gloves taught by Jodi
Wednesday 5:45pm Fitness Intervals taught by Rhonda
Thursday 5:45pm Gentle Yoga taught by Keri
Thursday 6:30pm Vinyasa Yoga taught by Keri
Saturday 9:00am Xtreme Hip Hop Step taught by Nikki

FOR SOCIAL RESPONSIBILITY

The SPOOKTACULAR Park

Music & Food Truck Event
October 29th, 2020 5:00-8:00pm

Towpath Trail YMCA

